

Date	Sess	Plat	Weigh	Time	Gender	Wt Cat's (Kgs)	Session Cutoff
Thursday July 17, 2014							
Athlete/Coach Check In & Registration Opens 2pm, The Grand America Hotel, Grand Ballroom Lobby							
Training Available from 2pm, Brickhouse Crossfit/Infinity Events Center - Opposite							
Referee Testing & Clinic, 4pm, The Grand America Hotel, Grand Ballroom Reception B							
New Athlete Clinic with Travis Cooper & Don McCauley, 5pm, Grand Ballroom Reception							
Verification of Final Entries Meeting, 6pm, The Grand America Hotel, Grand Ballroom Reception B							
Technical Conference, 8pm, The Grand America Hotel, Grand Ballroom Reception B							
Proposed new USA Weightlifting card Clinic, 9pm, Grand Ballroom Reception B							
Friday July 18, 2014							
Fri	1	Red	6:00am	8:00am	F	58D	
		Blue	6:00am	8:00am	M	69C	
	2	Red	8:30am	10:30am	F	53C/58C	141kg (58kg)
		Blue	8:30am	10:30am	F	69C	
	3	Red	10:30am	12:30am	F	48B	
		Blue	10:30am	12:30am	M	62B & 69B	228kg (69kg)
	4	Red	1:00pm	3:00pm	F	63C	
		Blue	1:00pm	3:00pm	F	58B	145kg
	5	Red	3:30pm	5:30pm	F	69B	163kg
		Blue	3:30pm	5:30pm	F	53B	133kg
6	Red	5:30pm	7:30pm	F	75C		
	Blue	5:30pm	7:30pm	F	63B		
Saturday July 19, 2014							
Sat	7	Red	7:00am	9:00am	M	77B	
		Blue	7:00am	9:00am	M	85B	
	8	Red	9:00am	11:00am	F	48A	124kg
		Blue	9:00am	11:00am	F	53A	151kg
	9	Red	11:00am	1:00pm	F	58A	160kg
		Blue	11:00am	1:00pm	F		
	10	Red	1:00pm	3:00pm	M	56	
		Blue	1:00pm	3:00pm	M	62A	195kg
	11	Red	3:00pm	5:00pm	F	63A	176kg
		Blue	3:00pm	5:00pm	F	69A	180kg
	12	Red	5:00pm	7:00pm	F	75B/75+B	173kg (75)
		Blue	5:00pm	7:00pm	M	94B	
Sunday July 20, 2014							
Sun	13	Red	7:00am	9:00am	M	105 B	
		Blue	7:00am	9:00am	M	105 + B	
	14	Red	9:00am	11:00am	M	69A	250kg
		Blue	9:00am	11:00am	M	77A	280kg
	15	Red	11:00am	1:00pm	F	75A	186kg
		Blue	11:00am	1:00pm	F	75+A	187kg
	16	Red	1:00pm	3:00pm	M	85A	290kg
		Blue	1:00pm	3:00pm	M	94A	312kg
	17	Red	3:00pm	5:00pm	M	105A	311kg
		Blue	3:00pm	5:00pm	M	105+A	314kg